



****FOR IMMEDIATE RELEASE** ****

Althing Clinic Launches AIRs for Seniors Program to Address Critical Needs of Aging Population

**** AUSTIN, MN, February 19, 2025**** – Althing Clinic is proud to announce the launch of its new Assess-Intervene-Refer/service (AIRs) program for seniors. This innovative program is designed to proactively address the growing challenges faced by older adults, including loneliness, depression, food insecurity, and other critical health concerns. The AIRs for Seniors program provides qualified behavioral health encounters, at no cost, to individuals or communities. Recognizing that many seniors face barriers to accessing care, AIRs takes a proactive approach by bringing the services directly to the patient. A qualified health professional conducts a comprehensive assessment encompassing key aspects of senior health, including:

- Depression and anxiety
- Substance use
- Safety concerns
- Cognitive impairment
- Food insecurity
- Social isolation

“We recognize the unique challenges facing our senior population,” said Katja Kressmann, General Manager at Althing Clinic. “Loneliness, depression, and food insecurity are just some of the issues that can significantly impact senior well-being. The AIRs for Seniors program is our commitment to providing proactive, accessible care that addresses these concerns head-on.”

AIRs for Seniors goes beyond assessment by creating a sustained care plan for those identified as needing additional support. This plan may include referrals to community resources, ongoing behavioral health services, or other necessary interventions. The program aims to connect seniors with the resources they need to maintain their health, independence, and quality of life. “AIRs is more than just an assessment; it’s a pathway to connection and support,” added Mat MK Johnson, CEO at Althing Clinic. “We believe that by proactively reaching out to seniors, we can make a real difference in their lives and help them thrive in their communities.”

Althing Clinic invites community members, senior centers, and other organizations serving older adults to partner in promoting the AIRs for Seniors program. For more information about the program or to schedule an assessment, please contact Althing Clinic at 888-423-7247 or visit www.myalthingclinic.com.

For more information, please contact:
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About Althing LLC.

Althing creates innovative solutions that lead to equity, access, and modernization of healthcare in districts and communities. Althing's commitment to access is highlighted in its clinic, school district and home health solutions. Whether serving diverse populations or proactively bringing health services to the community, Althing holds to its principles: equity, quality, access, and value. To learn more about Althing AIRs visit airs.myalthingclinic.com and subscribe to <https://www.youtube.com/@althing7525/videos>