

For: Immediate Release

AIRs Now Available at the National Sports Center

Blaine Minnesota, October 1, 2024 – Althing is excited to announce that AIRs (Assess - Intervene - Refer/service) is now available at the National Sports Center during scheduled programs. This is a significant expansion of access to the vital AIRs program that has already begun services at the Fall Cup Soccer tournament, where Athlete AIRs has proven instrumental in identifying and treating behavioral health concerns among athletes, coaches, parents, and staff.

AIRs' proactive approach to behavioral health enables early detection and intervention, helping individuals who often suffer in silence due to stress, pressure, and mental health challenges. The expansion of AIRs to becoming a part of the National Sports Center's programs will offer this essential service to 100s of thousands of athletes, ensuring that those in need have access to vital behavioral health support.

Althing remains committed to developing proactive health and well-being services for our communities by continuing to bring forward innovative solutions like Athlete AIRs, empowering healthier sports environments for all.

For more information, please contact: Contact Katja Kressmann at 218-461-0655 katja.kressmann@myalthingclinic.com

About Althing LLC.

Althing creates innovative solutions that lead to equity, access, and modernization of healthcare in districts and communities. Althing's commitment to access is highlighted in its clinic, school district and home health solutions. Whether serving diverse populations or proactively bringing health services to the community, Althing holds to its principles: equity, quality, access, and value. To learn more about Althing AIRs visit <u>airs.myalthingclinic.com</u> and subscribe to <u>https://www.youtube.com/@althing7525/videos</u>